

Hardy Plants in the Healing Garden

Wisconsin Hardy Plant Society – 11/9/22

Mark Dwyer

1. Hardy Plants in the Healing Garden, Edgerton Hospital and Health Services (EHHS) Healing Garden
2. history
3. Why a Healing Garden?
 - a. Definition
 - b. Early intent and goals
 - c. “Healing Views”
 - d. Immersive therapies and experiences
 - e. Support for all
 - f. Special events and activities
4. Benefits of a Healing Garden
 - a. Healing gardens are designed in evidence-informed ways to reduce stress, improve satisfaction and clinical outcomes and enhance sustainability
 - b. These spaces strive to support the health and well-being of patients, staff and visitors
5. Benefits of a Healing Garden
 - a. The garden provides a multitude of simultaneous, positive, sensory experiences
 - b. Reduced patient stress and pain
 - c. Reduced depression
 - d. Reduced length of stay
 - e. Increased patient satisfaction
 - f. Decreased staff stress
 - g. Blanket flower (*Gaillardia*) with perennial flax (*Linum perenne*)
6. garden design, features and early history
7. Woodland Trails at EHHS
 - a. Adjacent 20-acre woodland to the west
 - b. Half mile of groomed trails
 - c. Some topography
 - d. Future improvements
 - e. Volunteer opportunities
 - f. Ice Age Trail volunteers
 - g. shagbark hickory (*Carya ovata*)
8. Volunteers
9. The Pollinator Berm
10. spotted bee balm (*Monarda punctata*)
11. cardinal flower (*Lobelia cardinalis*)

12. Riddell's goldenrod (*Solidago riddellii*)
13. aromatic aster (*Symphotrichum oblongifolium*)
14. pollinators
15. 'Grefsheim' garland spirea (*Spiraea x cinerea*)
16. Parkland Pillar® upright Japanese white birch (*Betula platyphylla* 'Jefpark')
17. Koreanspice viburnum (*Viburnum carlesii*)
18. arrowwood viburnum (*Viburnum dentatum*)
19. Limelight Prime® paniced hydrangea (*Hydrangea paniculata* 'SMNHPPH')
20. 'Ruby Spice' summersweet (*Clethra alnifolia*)
21. Magical® Treasure coralberry (*Symphoricarpos x doorenbosii* 'Kolmatrea')
22. 'Blanc Double de Coubert' shrub rose (*Rosa hybrida*)
23. Screaming Neon Red™ shrub rose (*Rosa hybrida* 'BAIneon')
24. Double Knock Out® rose (*Rosa hybrida* 'Radtko')
25. winter aconite (*Eranthis hyemalis*)
26. daffodils (*Narcissus*)
27. 'Blue Danube' wild hyacinth (*Camassia leichtlinii*)
28. Star of Persia (*Allium christophii*)
29. ornamental onion (*Allium decipiens*)
30. gentian speedwell (*Veronica gentianoides*)
31. 'Blue Mound' false indigo (*Baptisia australis*)
32. New Dimension™ Blue meadow sage (*Salvia nemorosa* 'PAS889972')
33. 'Derrick Cook' Himalayan cranesbill geranium (*Geranium himalayense*)
34. 'New Moon' globeflower (*Trollius x cultorum*)
35. Carthusian pink (*Dianthus carthusianorum*)
36. 'Astra Blue' balloon flower (*Platycodon grandiflorus*)
37. 'Astra Pink' balloon flower (*Platycodon grandiflorus*)
38. 'Astra Double Blue' balloon flower (*Platycodon grandiflorus*)
39. 'Astra Double White' balloon flower (*Platycodon grandiflorus*)
40. 'Red Velvet' yarrow (*Achillea millefolium*)
41. blanket flower (*Gaillardia aristata*), unknown variety
42. 'Rainbow Loveliness' hybrid pink (*Dianthus hybrida*)
43. perennial flax (*Linum perenne*)
44. 'Pink Cotton Candy' wood betony (*Stachys officinalis*)
45. 'Jacob Cline' bee balm (*Monarda didyma*)
46. butterfly weed (*Asclepias tuberosa*)
47. 'Golden Jubilee' giant hyssop (*Agastache rugosa*)
48. 'Album' Culver's root (*Veronicastrum virginicum*)
49. turtlehead (*Chelone obliqua*)
50. rattlesnake master (*Eryngium yuccifolium*)
51. resurrection lily (*Lycoris squamigera*)
52. savanna blazing star (*Liatris scariosa*)
53. wild senna (*Senna hebecarpa*)
54. Virginia mountain mint (*Pycnanthemum virginianum*)

55. 'Iron Butterfly' ironweed (*Vernonia lettermannii*)
56. wild quinine (*Parthenium integrifolium*)
57. giant coneflower (*Rudbeckia maxima*)
58. great blue lobelia (*Lobelia siphilitica*)
59. Deam's black0eyed Susan (*Rudbeckia fulgida* var. *deamii*)
60. 'Gateway' Joe-pye weed (*Eutrochium maculatum*)
61. 'Pink Frost' variegated Japanese Joe-pye weed (*Eupatorium fortunei*)
62. leadwort (*Ceratostigma plumbaginoides*)
63. sky blue aster (*Symphyotrichum oolentangiense*)
64. 'Gibraltar' bush clover (*Lespedeza thunbergia*)
65. 'Cambodian Queen' hardy garden mum (*Chrysanthemum* x *rubellum*)
66. 'The Giant' autumn crocus (*Colchicum autumnale*)
67. 'Northwind' switch grass (*Panicum virgatum*)
68. 'Blackhawks' big bluestem (*Andropogon gerardii*)
69. Annuals
70. Flowering Tobacco Collection
71. Langsdorff's flowering tobacco (*Nicotiana langsdorffii*)
72. woodland tobacco (*Nicotiana sylvestris*)
73. chocolate cosmos (*Cosmos atosanguineus*)
74. Evening Scentsation™ petunia (*Petunia* x *atkinsiana*)
75. 'Lady Plymouth' scented geranium (*Pelargonium graveolens*)
76. "pineapples" (*Helenium aromaticum*)
77. nasturtium (*Tropaeolum* sp.)
78. 'Benary Giant Mix' zinnia (*Zinnia elegans*)
79. 'Indian Summer' gloriosa daisy (*Rudbeckia hirta*)
80. 'Cherry Brandy' gloriosa daisy (*Rudbeckia hirta*)
81. 'Hot Biscuits' amaranth (*Amaranthus cruentus*)
82. 'Ruby Parfait' wheat celosia (*Celosia spicata*)
83. 'China Town' plume celosia (*Celosia plumosa*)
84. 'Leda' flossflower (*Ageratum houstonianum*)
85. 'Irish Poet' tasselflower (*Emilia sonchifolia* var. *javanica*)
86. 'Lambada' hybrid lemon bergamot (*Monarda hybrida*)
87. 'Hummingbird's Lunch' cigar flower (*Cuphea hybrida*)
88. 'Mona's Orange' sulphur cosmos (*Cosmos sulphureus*)
89. Sonata™ Pink cosmos (*Cosmos bipinnatus* 'PAS1787')
90. 'Cupcakes White' cosmos (*Cosmos bipinnatus*)
91. Summer Jewel™ Red scarlet sage (*Salvia coccinea*)
92. 'Black and Blue' Brazilian sage (*Salvia guaranitica*)
93. BODACIOUS® Hummingbird Falls (*Salvia guaranitica*)
94. 'Dazzling Nights' slender verbena (*Verbena rigida*)
95. 'White Lava' elephant ear (*Colocasia esculenta*)
96. 'Sangria' ornamental hot pepper (*Capsicum annuum*)
97. 'NuMex Easter' ornamental hot pepper (*Capsicum annuum*)

98. 'Black Pearl' ornamental hot pepper (*Capsicum annuum*)
99. 'Oscar' balloon plant or "hairy balls" (*Gomphocarpus physocarpus*)
100. veggie troughs for the café
101. Amazing Donations
102. Volunteers Needed!
 - a. No experience needed!
 - b. Flexible schedule
 - c. Assigned garden?
 - d. Floating volunteer?
 - e. Workdays
 - f. Events
 - g. Contact me!
103. Things to Look for at EHHS!
 - a. Winter lecture series
 - b. African violet / ornamental shamrock sale
 - c. Spring Plant Sale
 - d. Social events
 - e. Allium Sale
 - f. Volunteer opportunities abound!
104. Feel Free to Contact Me!
 - a. mdwyer@edgertonhospital.com
 - b. www.edgertonhospital.com
105. Thank You!